



# SaskWatch

## A Message from the Chef de Mission Welcome to Sherbrooke Team Sask!

By Lorne Lasuita

You have arrived! Welcome to Sherbrooke and the 2013 Canada Summer Games.

On behalf of Team Sask I would like to congratulate the athletes, coaches and managers for being selected as a member of Team Sask. Your commitment to training and competition for the past number of years has rewarded you with this fabulous multi-sport games experience. Parents, you deserve a

huge thanks for making the effort to make your child's dream come true.

The Canada Summer Games will provide you with the stimulus to reach your athletic potential, pursue personal excellence and develop socially in a multi-sport games village. These games will be your most significant sporting experience as you prepare to move forward in your sporting endeavours.

We would like to remind you to wear the green and white with pride and dignity. Saskatchewan is extremely proud of the 450 athletes, coaches, managers and mission staff that make up Team Sask. You are truly our provincial ambassadors.

I am confident that Team Sask 2013 will compete and participate to the best of their ability in the upcoming weeks, and will represent the province with pride and integrity. Thank you for your enthusiasm and pursuit of excellence. Good luck!

## Week 1 Venues

<b>Baseball</b>	Sherbrooke: Stade Amédée-Roy –parc Victoria Magog: parc de l'Est Coaticook: stade Julien –Morin—Parc Laurence
<b>Basketball (M)</b>	Centre sportif John H. Price—Bishop's University
<b>Cycling (Mtn)</b>	Mont-Bellevue
<b>Sailing</b>	Lac Magog
<b>Soccer (F)</b>	Terrain Olympique 1 Parc Sylvie-Daigle - Coulter Field Bishop's University Stade— Université de Sherbrooke
<b>Softball</b>	Parc Desranleau 1 Parc Bureau
<b>Tennis</b>	Centre récréatif Rock Forest
<b>Swimming</b>	Université de Sherbrooke
<b>Volleyball</b>	Université de Sherbrooke
<b>Wrestling</b>	Cégep de Sherbrooke

## Flag Bearer

The Team Sask flag bearer for the Opening Ceremonies is Cassie Brassard, a swimming athlete from Regina. Cassie is the recipient of the Rods Swim Club Race of the Year award from 2011– 2013. She also won the Mike Mintenko swimming award in 2011. At the 2013 Age Group Championships in Montreal Cassie won a silver medal in 800m freestyle and 100m backstroke, as well as a bronze medal in 200m backstroke. She also placed 4th in the 50m backstroke. At the 2013 Senior Nationals Cassie placed 5th in 50m backstroke, 9th in 100m backstroke, and 14th in 800m Freestyle.



## Opening Ceremonies

**Date:** Friday, August 2nd

**Time:** 7:00 p.m. EST

**Location:** Université de Sherbrooke

**Attire:** -Team Sask hat

-Team Sask t-shirt

-Team Sask Jacket

-Team Sask shorts

**Team Sask Meal Time:**

5:00—5:30 p.m.

**Departure for ceremony:**

Be at John H. Price before 5:40 p.m.

5 buses allocated to Team Sask

**Details:**

Will be directed to the indoor stadium by volunteers. Volunteers will escort the team the ceremonies.



# Food Services

**Location:** Dewhurst Dining Hall - Bishops' University

**Hours of Operation:** Food services will be available daily from 05:30 to 23:00. Participants are expected to tidy up after they eat and place their waste in the appropriate bins.

Please note that all knapsacks, sport bags and coats must be checked at the bag/coat check before entering the dining area. Participants are encouraged to keep their bag-check items to a minimum to help prevent lineups and misplaced items.

The cafeteria will have numerous food stations set up to ensure all nutrition and dietary needs are met.

# Parent & Coach Reception

The Saskatchewan Games Council would like to invite all supporters of Team Sask to a come and go reception. The reception will celebrate the support and contributions made to amateur sport in Saskatchewan by the parents and coaches.

**Monday, August 5th, 2013**

at

**The Old Lennoxville Golf Club**

**19 rue Du Golf, Sherbrooke, QC**

**8:00 p.m. — 11:00 p.m.**

This drop-in evening will include local entertainment, door prizes, refreshments and good fellowship. Team Sask souvenirs will also be available for sale.

# Village Information Center

An info center will be set up in the Residence on the first day to answer any questions.

The Village Information Center (bus and competition schedules, results, entertainment schedules, lost and found) will be housed at the Independent Centre in the heart of the Athletes' Village.

**Hours of Operation: 7:00 a.m. to 10 p.m.**

# Team Sask

**Mens and Ladies Burnout Full Zip Hoody**  
55/45 Cotton / Polyester Burnout Fleece  
Mens S - \*3XL Ladies XS - \*2XL

**Mens and Ladies Golf Shirt**  
100% Micro poly moisture wicking fabric  
Mens S - \*3XL Ladies XS - \*2XL

**Bella Flowy Raceback Tank**  
65/35 Poly/Viscose  
Ladies S - XL

**Anvil Sustainable T-Shirt**  
50/50 Organic cotton / Recycled polyester  
Mens S - \*2XL Ladies XS - XL

**Black Ball Cap**  
100% Brushed Cotton  
One size fits all

# Medical Services

**Location:** The Polyclinic will be located at the Marjorie Donald House

**Hours of Operation:** 07:00 to 22:00

Athletes requiring medical services after hours due to illness should contact security at the dorm. Athletes under 14 must be accompanied by a coach, manager or mission staff to all appointments.

# Men's Dorms

All of the Team Sask male athletes will be staying at the Champlain dormitories in the Sawyer building which is a short walk away from the athletes' village. There will be a circuit of golf cart transportation for athletes, coaches and managers to use, and a larger golf cart shuttle for peak times. Please make sure to read the Champlain transportation schedule to determine pick up and drop off times. Champlain is still within walking distance, so the shuttle service is for convenience, not necessity.

# Souvenirs

Hoodie (Men & Ladies)	\$55
Women's Tank Top	\$20
T-Shirt (Men & Ladies)	\$20
Hat	\$20
Buff	\$10



Mission Office  
www.teamsask.ca

